

LISTING OF THE CLAIMS

This listing of claims will replace all prior versions, and listings, of claims in the application:

Claim 1 (Currently Amended)

A sliding board comprising:

at least one guide element for arranging additional elements on the upper side of the sliding board, said guide element being connected to the sliding board via a plurality of fastening elements, the sliding board having an upper skin and a lower skin, a running surface, and a foamed core; The sliding board as claimed in claim 20,

wherein the guide element is secured to at least one of the fastening elements in a positionally fixed manner with respect to the sliding board, and is secured with limited mobility in the longitudinal direction of the sliding board to at least one other fastening element to permit deflection of the sliding board unimpeded by said guide element; and

wherein the at least one fastening element fixing the guide element in a positionally fixed manner is integrated into the foam by foaming of the core and hardening of the foam.

Claim 2 (Currently Amended)

The sliding board as claimed in claim 20 †, wherein the guide element is arranged in a positionally fixed manner in one of its end regions in the longitudinal direction.

Claim 3 (Original)

The sliding board as claimed in claim 2, wherein said end region is that end region which lies closer to the center of the sliding board.

Claim 4 (Currently Amended)

The sliding board as claimed in claim 20 †, wherein the fastening element arranging the guide element in a positionally fixed manner is firmly connected to the guide element.

Claim 5 (Currently Amended)

The sliding board as claimed in claim 20 †, wherein the fastening element arranging the guide element in a positionally fixed manner is made in one piece with the guide element.

Claim 6 (Currently Amended)

The sliding board as claimed in claim 20 †, wherein the other fastening element holds the guide element ~~positioned~~ positionally fixed at least in the vertical direction and in the transverse direction of the sliding board.

Claim 7 (Previously Presented)

The sliding board as claimed in claim 6, wherein the other fastening element is anchored firmly in the sliding board, the guide element being arranged for limited movement in the longitudinal direction in relation to said other fastening elements.

Claims 8-9 (Canceled)

Claim 10 (Previously Presented)

The sliding board as claimed in claim 6, wherein the guide element has a receiving locations for the other fastening elements, which receiving location has clearances in the longitudinal direction of the sliding board for limited mobility of the guide elements in relation to the sliding board.

Claim 11 (Currently Amended)

The sliding board as claimed in claim 21, wherein the guide element is, together with the other fastening element, arranged for limited movement in the longitudinal direction in relation to the sliding board.

Claim 12 (Previously Presented)

The sliding board as claimed in claim 11, wherein the other fastening element is in the interior of the sliding board, arranged for limited movement on a receiving part which is integrated by foaming of the core and hardening of the foam.

Claim 13 (Currently Amended)

The sliding board as claimed in claim 12, wherein the receiving parts provided in the interior of the sliding board for the fastening element is a components of a framework or the like.

Claim 14 (Previously Presented)

The sliding board as claimed in claim 12, wherein the receiving part has a receiving opening in which the other fastening element is held in a positionally fixed manner at least in the vertical direction and in the transverse direction.

Claim 15 (Previously Presented)

The sliding board as claimed in claim 14, wherein the other fastening element is arranged for limited movement in the longitudinal direction of the sliding board in the receiving opening of the receiving part and also for limited movement in relation to the upper skin.

Claim 16 (Previously Presented)

The sliding board as claimed in claim 14 or 15, wherein a clearance is provided in the longitudinal direction of the sliding board in an opening in the upper skin passed through by the other fastening element and in the receiving opening.

Claim 17 (Currently Amended)

The sliding board as claimed in claim 12, wherein the other fastening element is held or anchored in the receiving part in the interior of the sliding board by snapping-in; or locking ~~or the like~~.

Claim 18 (Currently Amended)

The sliding board as claimed in claim 20 ~~±~~, wherein the fastening elements are arranged in openings formed in the upper side skin.

Claim 19 (Currently Amended)

A sliding board comprising:

at least one guide element for arranging additional elements on the upper side of the sliding board; said guide element being connected to the sliding board via a plurality of fastening elements which are spaced apart from each other in a longitudinal direction of the sliding board; the sliding board having an upper skin and a lower skin, a running surface, and a foamed core; The sliding board as claimed in claim 21.

wherein the guide element is secured to at least one of the fastening elements in a positionally fixed manner ~~and with respect to the sliding board, and is secured with limited mobility in the longitudinal direction of the sliding board~~ to at least one other fastening element to permit deflection of the sliding board unimpeded by said guide element; ~~and~~

wherein the at least one fastening element fixing the guide element in a positionally fixed manner is integrated into the foam by foaming of the core and hardening of the foam.

Claim 20 (New)

A sliding board comprising:

a sliding board having an upper side and a lower side, a running surface and a foamed core;

at least one guide element for arranging at least one binding element on the upper side of the sliding board;

the guide element being connected to the sliding board via a plurality of fastening elements;

the guide element being secured to the sliding board by at least one of the fastening elements in a positionally fixed manner;

the guide element being secured to the sliding board with limited mobility in the longitudinal direction of the sliding board by at least one other fastening element;

wherein the fastening elements comprise anchoring elements being integrated into and held in the foam of the core exclusively by foaming of the core and hardening of the foam.

Claim 21 (New)

A sliding board comprising:

a sliding board having an upper side and a lower side, a running surface and a foamed core;

at least one guide element for arranging at least one binding element on the upper side of the sliding board;

the guide element being connected to the sliding board via a plurality of fastening elements;

the guide element being secured to the sliding board by at least one of the fastening elements in a positionally fixed manner;

the guide element being secured to the sliding board with limited mobility in the longitudinal direction of the sliding board by at least one other fastening element;

wherein the fastening elements are anchored firmly to separate parts integrated into the foam of the core by foaming of the core and hardening of the foam.